

PHYSICAL EDUCATION

9TH STD FIRST SUMMATIVE ASSESSMENT-SEPTEMBER-2017

Time: 01-30 Hours

Marks: 40

1. Fill in the blanks:

1X4=4

- _____ Committee recommended the merge of Yogasana and Pranayama in the Physical education programs
A) Tharachand B) Deshmukh C) Prof.L.R.Vidyanathan D) Radakrishan
- Hand ball player Sadananda Samuel is honored by _____ award
A) Darara B) Olympics C) State award D) National award
- _____ Types of tactics are there In basketball.
A) Four B) Eight C) Two D) Nine
- _____ is found in lime
A) Sodium B) Calcium C) Potassium D) Magnesium

2. Mach the following:

1X4=4

- | A | B |
|-----------------|---------------------------------|
| 5. Raja Reddy | 1) Development Society |
| 6. First Aid | 2) National Institute of Sports |
| 7. Disease free | 3) Handball Player |
| 8. N.I.S | 4) To save from danger to life |
| | 5) Nethaji Institute of sports |

4. Answer the following Question Yes or No:

1X4=4

- In Basketball screening is the offensive tactics?
- A collection of knowledge and the method of its execution is Social Health?
- To Urinate and defecate only in open space?
- By using Bitter gourd we can avoid allergies & diabetic?

5. Answer the following question in one or two sentences

1X4=4

- Name the players who were Ekalavya awarded winner in Handball?
- In what activity of maintaining cleanliness of social places?
- What is Fast Break in Basketball?
- What do you mean by Aerobic centers?

6. Answer the following the question in 2 or 3 sentences:

2X4=8

17. How many types of tactics are there in Basketball? Two list them?
18. Which are the two main benefits of participating in limited open air activity?
19. Mention the defensive faction in Handball?
20. How would you treat a casualty saved from drowning?

7. Answer the following the question in 4 or 5 sentences:

3X4=12

21. Which committee did the central government form in the year 1948 to develop physical education? Write their recommendations?
22. Explain the essential qualities of Handball player?
23. Write any four measures to develop good social health?
24. What are the benefit of green leafy vegetables?

8. Draw the picture:

4X1=4

25. Draw the man to man defense Picture in Basketball? Mark the palaces of players?